



PROGRAMME DRAFT

DAY 1

Career planning

Introduction

- Icebreaking activity to build a group dynamics and agree on a common understanding of the workshop objectives
- Overview of the international job market: statistics (academic and non-academic sector), examples of positions for PhDs

Career planning

- Why career planning is important
- How to devise a career plan
 - Practice: based on a matrix provided by the trainers, analyzing your experience: your skills, what you liked/disliked, your personal/professional desires, your values (*individually, then discussion in plenum*)

Career planning & mobility

- Designing an international mobility project that suits your career plan
 - Practice: Self-analysis of motivations, objectives and constraints to define the suitable mobility conditions for each participant: duration, place, sector... (*individually, then discussion in plenum*)
- Postdoc or not postdoc: how to make the decision and choose your postdoc with regards to your career objectives
- Before, during and after an international mobility experience

DAY 2

PhD career development beyond academia

R&D&I landscape and opportunities for doctorate holders in France, Luxembourg and Germany

- Alternative career options for PhDs: Presentation of sectors that recruit PhDs and types of positions, recruiters' expectations, examples of PhDs having left academia
- Identifying companies and job ads and preparing job applications in France, Luxembourg and Germany

Networking

- How to develop and use your network to refine your career plan and explore the job market
- How to present yourself and your professional project
 - Practice: preparation and presentation of a pitch of 2 minutes (*individually, then in small groups; feedback in plenum*)

DAY 3

Optimizing your communication

Marketing your research experience

- Presenting your PhD as a professional experience in project management
 - Practice: based on a matrix provided by the trainer, analyzing the PhD as a project management experience (*individually, then feedback in plenum*)

Marketing your skills

- Focus on transferable and personal skills
- Convincing recruiters with storytelling: the STAR method
 - Practice: illustrating a skill by telling a story (*individual preparation, then presentation in small groups; feedback in plenum*)

Panel discussion

- Round table with professionals from France, Luxembourg and Germany (from different sectors relevant with respect to the participants' profiles) providing insight and advice on recruiters' expectations, job search and effective communication